

## EASTSIDE

EISCC UPDATE  
July, 2003  
Volume 9, Issue #3  
Published irregularly  
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Interfaith

## SOCIAL CONCERNS COUNCIL

EISCC UPDATE  
P.O. Box 662  
Bellevue, WA 98009-0662

## Seattle Mental Health—Eastside

Seattle Mental Health - Eastside serves severely mentally ill persons and persons with grief and stress-related issues. They provide services at offices on Northup Way and also at an Overlake Office on 140th Avenue NE between NE 20th Street and NE 24th Street.

SMHI also provides services in Redmond, Snoqualmie, Renton, Auburn, and Kent, in addition to services in Seattle.

Agency information: (206) 324-2400; access to services: (206) 324-0206. These numbers will connect you with other offices.

## Rebuilding Together

**R**ebuilding Together, formerly known as Christmas in April \* Eastside, has continued to provide rehabilitation for homes of low income homeowners, using volunteer labor and donated materials. Volunteers provide services on the last Saturday in April to enable Eastside recipients to maintain their own homes. Services have included building a wheelchair ramp, obtaining a furnace, doing

yard work, and house painting. The Eastside affiliate, which has repaired 68 homes since it began in 1997, will accept applications from both volunteers and homeowners throughout the year.

Information: (425) 455-0179, P.O. Box 124, Medina, WA 98039-0124.



### Tentative EISCC Program Schedule

August, 2003 - No meeting  
Sept. 9, 2003 - Alternative Educational Opportunities  
Oct. 14, 2003 - Agency Presentations



# Welcome To Eastside Interfaith

Is Your Congregation or Agency Represented?

Welcome, visitor and members, to Eastside Interfaith Social Concerns Council (EISCC). The Council provides a forum for exchange of information among Eastside congregations, and encourages interfaith dialogue. Representatives of Eastside congregations and agencies are invited to attend regular meetings.

Membership is voluntary, open to Eastside congregations of all faiths. There are currently 42 member congregations and 20 social agencies. Member congregations contribute \$25.00 annually to EISCC and select two voting delegates (clergy and/or lay). Clergy, youth representatives, persons who work with youth or social ministry programs, and other lay persons are especially invited.

Associate members are social and health service programs whose purposes and activities are consistent with the purposes of EISCC. Each pays a fee of \$10.00 annually, and has voice but does not vote.

Meetings are held the second Tuesday of each month (except August), 12:00 noon – 1:30

## EISCC 2002-2003 Officers

Rick Russell, Chairperson (425) 746-2411—[russells@attbi.com](mailto:russells@attbi.com)

Lloyd Van Vactor, Vice Chairperson (425) 885-6993—[lgvv@aol.com](mailto:lgvv@aol.com)

Gay Ross, Co-Secretary (425) 313-7593

Marilyn Haymond, Co-Secretary (425) 641-1497

Jim Palmer, Treasurer (425) 747-2977—[jrp203@aol.com](mailto:jrp203@aol.com)

Louise Wong, Ass't Treasurer (425) 637-0822

Dorothy Scott, Delegate-at-Large (425) 453-1425

p.m. (bring your sack or fast food lunch; beverages are provided), in the Chapel Lounge (Room 315, former sanctuary, entered through the upper parking lot on NE 17th Street, off 100th Ave. NE), of the First Presbyterian Church, 1717 Bellevue Way NE, Bellevue. No reservations are necessary. Parking is free, either in the upper lot near the meeting room, off 100th Avenue NE; or in the lower parking lot, off Bellevue Way.

At each meeting, community representatives present information about resources and programs; and congregations, agencies, and task forces share information and ideas. Volunteers help to maintain Congregations for the Homeless, the legislative task force, and other programs.

Information: Rick Russell (425) 746-2411.

## EISCC UPDATE JUNE/JULY, 2003

This newsletter has been edited by Sally Wing since 1994-1995. Since then, three or four issues have been published each year, with the help of many volunteers. An EISCC newsletter was published previously between 1986 (possibly earlier) and 1989, with Carla Vendeland as editor.

Please give us information about coming events in your congregation, task force, or organization that are open to others in the community. Letters to the editor are welcome. Send your items to the EISCC address or to the Editor, Sally Wing, P.O. Box 5556, Bellevue, WA 98006-0056. (425) 747-5924. Fax: (425) 462-5601. Email: [drswing@webtv.net](mailto:drswing@webtv.net)

# Head Start Program For Families

Head Start is a federally-funded preschool program for low-income families. Three- and four-year olds participate four days a week for three and one-half hours a day; three- to five-year olds five days a week from 6:30 a.m. to 6:30 p.m. Services include breakfast, lunch, and snack; bus transportation; health services; family support; employment and training; and mental health counseling. Services are free or low cost depending on family eligibility.

Volunteers are needed to assist teachers, read to children, play music, cook with the chil-

dren, or simply be a friendly face. To volunteer or to refer someone, contact Heather Duncan, Family Service Worker, (425) 456-5766.

## Crisis Clinic Resource Center

The Crisis Clinic community resource center yields referrals for such needs as food and toys, and the crisis line, staffed by volunteers, responds to calls on such subjects as relationship issues, mental illness, grief and loss, domestic violence, and chemical dependency. Information: (206) 461-3200, Crisis line: (206) 461-3222 or [www.crisisclinic.org](http://www.crisisclinic.org)

## EMPLOYMENT TASK FORCE

Chair: To be assigned

Information about the job market and assistance in planning a job search, interviewing and resume writing are available at the Employment Resource Center, Bellevue Stake Center, 14536 Main Street (near 148th Avenue and the new Hopelink Center) Tuesdays, 12:00 noon to 8:00 p.m. and Wednesdays, 8:00 a.m. to 5:00 p.m. (206) 687-6942. Services are available to all persons regardless of church affiliation, and are also available in Renton and Everett, as part of the international network of employment offices established by the Church of Jesus Christ of Latter Day Saints.

## ARCH: A Regional Coalition for Housing

ARCH is an 8-year-old regional consortium of cities in East King County, including Bellevue, Kirkland, Redmond, Duvall, Woodinville, and Newcastle, which provides funding for affordable housing. Information: Art Sullivan (425) 861-3677. E-mail [archhousing@aol.com](mailto:archhousing@aol.com)

## St. Andrew's Housing Group

Provision of housing for the working poor is emphasized by St. Andrew's Housing group, which has several multi-family rental units, and is developing more. Information: (425) 746-1699.

## Is Your Zip Code Correct?

Postal Service rules require that we verify correctness of all zip codes on our mailing list. If yours is not correct, please notify Betty Spohn (425) 451-3651

## Thank You

Thank you to Paul Burnham, Betty Spohn, Marilyn Haymond & volunteers from St. Louise Catholic Church for publishing this newsletter.





# Salvation Army

The Salvation Army Eastside is located at 11555 Northup Way, Suite 100, Bellevue, WA 98004 (Mailing address: P.O. Box 749, Bellevue, WA 98009), according to Bob Giuliano and Captain Ken Perine. Telephone number (425) 827-1930.

Emergency and disaster services include food, shelter, clothing, and utilities. They provide services to sick and housebound elderly persons, to "latch-key" children, and to incarcerated persons and their families.

## Saint Margaret's Thrift Shop

The Saint Margaret's Thrift Shop is located next to St. Margaret's Episcopal Church on Factoria Boulevard SE. Their hours are Monday through Saturday, 10:00 a.m. to 2:00 p.m., and Wednesday, 10:00 a.m. to 9:00 p.m. They have

continued to receive donations of clothing and other goods, and to make donations to a variety of Eastside causes. *Information:* Joan Abel, (425) 641-6830.

### Assistance League Of The Eastside

Operation School Bell, a program of the Assistance League, provides children in Bellevue, Lake Washington, and Northshore school districts with clothing and school supplies. They also provide assault survivor kits, including clothing and hygiene items, to local hospitals; and companionship at two long-term care centers. *Information:* Leslie Young, (425) 881-0298 or [www.alecares.org](http://www.alecares.org).

### VOLUNTEERS NEEDED

Without you, EISCC could not accomplish its tasks. You, your time, your prayers, your energy, and your money all help to maintain Congregations for the Homeless, Legislative Task Force, and other programs. Contact the EISCC address or task force chairs.

### PUGET SOUND BLOOD CENTER

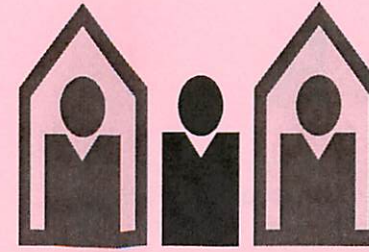
This regional resource is supported by volunteer blood donors and volunteer workers, who assist in coordination, registration, and monitoring. *Information:* Leigh Chapman, Donor Resources Representative, (425) 462-4395. E-mail: [leighc@psbc.org](mailto:leighc@psbc.org).

### Friends Of Youth

Services for children, youth, and families encourage individual growth and promote constructive relationships. Services include counseling, housing, support for young parents, chemical dependency treatment, and foster care. *Information:* (425) 869-6490 or [info@friendsofyouth.org](mailto:info@friendsofyouth.org).

### Issaquah Food & Clothing Bank

Year round and holiday provision for food, clothing, and children's toy needs are available through the Issaquah Food & Clothing Bank. *Information:* (425) 392-4123.



## Congregations For The Homeless

Chair: Nadine Shannon (425) 746-6019  
[Larrynadine@cs.com](mailto:Larrynadine@cs.com)

Regular meeting: 1st Tuesday, 12 noon to 1 p.m.  
St. Luke's Lutheran Church - 3030 Bellevue Way NE, Bellevue

This program will celebrate its tenth anniversary in September, 2003. It provides safe secure shelter, three meals daily, and employment assistance for homeless men on the Eastside, to return them to being members of the community. Host congregations, who provide facilities for a month, are assisted by support congregations and other agencies and individuals who provide financial and volunteer support. A total of 67 congregations currently participate. The cities of Bellevue, Issaquah, Kirkland, and Redmond, and United Way have provided grants for our services. Services by 3108 volunteers enable 99% of the income to be used for direct services.

Currently there are between 15 and 22 men in the shelter each night. Clients' average age is

between 34 and 55, older than the previously reported 22 to 34. Clients must be at least 18, and occasionally one is 75. Clients typically have good employment skills, but struggle in a difficult job market in which many are unemployed.

We contract with Catholic Community Services to provide counseling as needed and employment case management. There is always one site manager at the host congregation with the clients. Sleeping facilities at the host congregation and three meals daily are provided pro bono by volunteers.

You may send support directly to Congregations for the Homeless, P.O. Box 662, Bellevue, WA 98009-0662. When making contributions to United Way for this program, please write in "EISCC Congregations for the Homeless."

Homeless men may be referred to these Eastside agencies for screening:

Catholic Community Services  
(425) 284-2211 or 1-800-872-3204

Jewish Family Service  
(425) 461-3240

Salvation Army  
(425) 827-1930

Hopelink  
Bellevue (425) 943-7555  
Northshore (425) 485-6521  
Carnation (425) 333-4163  
Kirkland (425) 889-7880  
Redmond (425) 882-0241

### Children's Response Center

This agency, a service of Harborview Hospital, serves children who have been abused, as well as those who have observed other traumatic events, and family members, and provides medical and legal advocacy and educational programs as well as clinical services.

*Information:* Gayle Zeller, education and prevention coordinator, (425) 688-5130.  
[www.childrensresponsecenter.org](http://www.childrensresponsecenter.org)



# Hopelink

The Bellevue office of Hopelink provides services in their family development center and food bank. Non-perishable food is welcomed for weekly food banks. Other services include programs for senior citizens and people with disabilities, and a day care center for children.

Children whose families cannot afford lunch are provided with free and reduced lunches during the school year, and the "Brown Bag Lunch Brigade" in the summer.

Also part of Hopelink is RotaCare Clinic, a free walk-in medical clinic offered Saturdays (except in August) from 9:30—11:30 a.m. The clinic, sponsored by Eastside Rotarians, is staffed by two volunteer physicians, and works with social service agencies to provide follow up care and care for chronic illness. Volunteers also include social workers and interpreters.

The Family Development Program assists low-income families to set and accomplish goals, through identifying their strengths and goals. The program provides emergency services, life skills workshops, parenting classes and support groups, and ongoing support and advocacy. Families learn to achieve success in such areas as nutrition, employment, physical and emotional health, and family and social relations. Information: (425) 943-7550.

EISCC members and others regularly contribute to the EISCC Eastside Emergency Services Fund, administered by Hopelink. Other Centers serve the rest of North and East King

## Emergency Services Directory

Eastside Interfaith Social Concerns Council publishes an Emergency Services Directory, which is distributed to congregations and agencies at two-year intervals. Additional copies are available on request.

Information: Nadine Shannon (425) 746-6019.

County. Expenditures are made for rent, utilities, water, gasoline (automobiles), and motel occupancy. Contributions may be sent to Eastside Hopelink, Bellevue Service Center, 14812 Main Street, Bellevue, 98007. Information: Jennifer Cole-Wilson (425) 943-7555.

The Eastside Literacy Council is part of Hopelink, teaching people to read, write, and speak English. Alice Ferrier, director of the Literacy Council, is head of literacy programs at Hopelink.

## City Of Bellevue Supports Diversity Program

The City of Bellevue's cultural diversity program provides workshops, events, and programs designed to help residents of all races and cultures to be productive contributors to the community. The program, which began in 1992, has received awards from the Association of Washington Cities and the National Black Caucus of Local Elected Officials.

Weekly radio program on voices of Diversity is broadcast on Mondays 7:30 p.m. KBCS-FM, 91.3. Hosted by Kevin Henry, the program is jointly produced by KBCS-FM and the City of Bellevue Parks and Community Services Cultural Diversity Program. It features people and organizations which foster diversity, and spotlights diversity and social service programs in Bellevue. Information: (425) 452-2835.

The program is coordinated by Kevin Henry, and his cultural diversity assistant Callie Shanafelt, Office of Cultural Diversity, Parks & Community Services, P.O. Box 90012, Bellevue, WA 98009. (425) 452-7886 or (425) 452-7922. Fax: (425) 688-2814. Website: [www.ci.bellevue.wa.us/parks/diversity/welcome.htm](http://www.ci.bellevue.wa.us/parks/diversity/welcome.htm).

# Commission on Children Youth and Families

Sponsored by the Church Council of Greater Seattle, the Commission on Children, Youth & Families promotes dialogue among congregational leaders and creates and supports model programs. Successes of member congregations and suggestions for involvement with

children and youth are published in *The Source* (monthly CCGS newspaper). Training is offered to congregations on developmental assets. Information: Geoff Ethelston (425) 486-5665, or Church Council of Greater Seattle (206) 525-1213.

# Catholic Community Services

Catholic Community Services has recently moved to a new office, 12828 Northup Way, Suite 100, Bellevue 98005-1932, where it continues to provide services, including emergency and transitional housing, legal advocacy, and counseling. Information: (425) 284-2211 or 1-800-872-3204.

Volunteer Chore Services, a program of CCS, helps elders and adults with disabilities to

maintain independence in their own home, by assisting with such tasks as grocery shopping, light housekeeping, minor home repair, moving, and yard work.

## MAMMA'S HANDS

Denny Hancock, founder and director of Mamma's Hands, has provided food on Wednesday evening in downtown Seattle for several years, and has also picked up and delivered furniture to House of Hope in North Bend, which provides transitional housing for homeless women. He has arranged for donation of telephones for homeless person to call home. Information: (206) 915-2073 or Website: [www.MammasHands.org](http://www.MammasHands.org).

## Invitation to Participate

To: Eastside Interfaith Social Concerns Council  
P.O. Box 662, Bellevue, WA 98009-0662  
Betty Spohn (425) 451-3651

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Cong./Agency \_\_\_\_\_

Congregation member: \$25 \_\_\_\_

Agency member: \$10 \_\_\_\_

Newsletter only: \$5 \_\_\_\_

I can volunteer for \_\_\_\_\_

More Info about \_\_\_\_\_



# WWW

## Websites You May Find Useful

Since many people use the Internet regularly both for e-mail and for seeking information on the Internet, we'd like to encourage you to share favorite Websites with other EISCC members.

- ◇ **Churchcouncilseattle.org** is the site of the Church Council of Greater Seattle, which provides links to other ecumenical organizations, peace and justice groups, children's organizations, government, etc.
- ◇ The Interfaith Alliance is a faith-based voice countering the radical right and promoting the positive role of religion. You have an opportunity to subscribe to updates on legislative issues. Its website is **tialliance.org**.
- ◇ The U.S. House of Representatives **house.gov** and the U.S. Senate **senate.gov** each have a website, which includes their current schedules, bills, history, and directory.
- ◇ Vatican news releases in four languages are provided by an independent international

news agency at **Zenit.org**.

- ◇ Shamash: The Jewish Internet Consortium provides information, education, discussion, and community-building resources, at **sham-ash.org**.
- ◇ The American Jewish Committee identifies local chapters, coming events, and national legislation, at **ajc.org**.
- ◇ Worldwide Faith Network whose website is **WFN.org**, provides news releases from a wide variety of faith groups.
- ◇ Information about status of legislation in Washington is available at **leg.wa.gov**.
- ◇ United Religions Initiative is a grassroots international interfaith organization. Its Emergency Response Network offers a model in which more than 100 religious leaders have formed a network to respond instantly to acts of hate violence perpetrated against religious, ethnic, and racial minorities. **www.uri.org**



## Children's Action Network

Children's Action Network, a program of the Children's Alliance, promotes action on child care, health care, juvenile justice, welfare reform, and other children and family issues. They publish Children's Action Alerts, especially during the legislative session, providing background information for contact with legislators and other action. There is no charge; if

you join the Network you are asked to take five minutes each week to speak up for children.

*Information:* Gabriela Quintana, Field Organizer, 172—20th Avenue, Seattle, WA 98122. Phone: (206) 324-0340; Fax: (206) 325-6291; e-mail: Gabriela@childrensalliance.org. Website: [www.childrensalliance.org](http://www.childrensalliance.org).

## Mental Health Task Force Seeks Your Response

*Task Force Information:* Sally Wing, (425) 747-5924 or Fax: (425) 462-5601 or Email: [drswing@webtv.net](mailto:drswing@webtv.net)

The Mental Health Task Force can provide

suggested prayers, suggestions for offering assistance, a list of community resources, information about the National Alliance for the Mentally Ill and publications by Pathways to Promise.

### Eastside Baby Corner

This twelve-year-old, all-volunteer program collects, sorts, and distributes through agencies everything for babies up to 14-year olds. They are the "last safety net," providing a toy bank, layettes and other supplies year round. Volunteers, including children and parents, are needed to sort materials. Cash donations are needed to supplement donated materials. Donations may be left at St. Louise Catholic Church, 141 - 156th Avenue SE,

Bellevue. *Information:* Karen Ridlon, President (425) 865-0234 or [babycorn@gte.net](mailto:babycorn@gte.net).

### North Bellevue Community Center

Bellevue residents of all ages can participate in a variety of classes and services offered at the North Bellevue Community Center, including senior trips, and classes and programs for families and adults.

The Center is located at 4063 - 148th Avenue NE, Bellevue, *Information:* (425) 452-7681 or [cityofbellevue.org](http://cityofbellevue.org) (click on departments, parks, and recreation.)

### Hot Meal Program

St. Andrew's Lutheran Church sponsors a hot meal program for all interested persons, each Thursday evening at 5:30 p.m. at 2650—148th Ave. SE, Bellevue. Volunteers are needed to expand the program.

*Information:* Patti Berg (425) 746-2529 or [salinfo@salcbellevue.org](mailto:salinfo@salcbellevue.org)

### Kindering Center

The Kindering Center is a non-profit neurodevelopmental center which provides services to children and their families with disabilities and special needs from birth to three years. Services include language therapy, parenting classes in four languages, and counseling. *Information:* Jennifer Pineda, (425) 747-4004 or [www.kindering.org](http://www.kindering.org)

### Jewish Family Service

Programs include services for seniors, disabled persons, children, and youth. A monthly Eastside food bank is available, as well as emergency assistance and refugee resettlement, at 1811 - 156th Ave. N.E., Bellevue (425) 643-2221. They serve an ethnic population, which includes Hispanic, Asian, and European, with English as a Second Language classes, employment services, social services, and holiday gifts for children. *Information:* Carol Mullin (206) 861-3176.



# BRIDGE MINISTRIES

Bridge Ministries serves persons with physical and developmental disabilities and their families. A guardianship program is available for developmentally disabled persons who lack family support. Volunteer opportunities include one-to-one



friendship and circles of friends, obtaining and repairing durable medical equipment and providing it to persons in need, and assisting congregations to provide a welcoming environment. *Information:* The Reverend Bruce Knofel (425) 828-1431.



**HABITAT FOR HUMANITY**  
OF EAST KING COUNTY

"Together we build a world community" is a local multifaith group which includes Sacred Heart Catholic Church, Temple B'nai Torah, Ithna-Asheri Muslim Association, Bellevue Christian Church, and St. Joseph's Catholic church. They have recently built two Habitat

for Humanity homes on Snoqualmie Ridge.

*Information:* Jean Ann French, manager of resource development (425) 869-6007 or [jeanann@habitatekc.org](mailto:jeanann@habitatekc.org). Website: [www.habitatekc.org](http://www.habitatekc.org)



## Emergency Feeding Program

This county-wide program, with Church

### Congregations For Kids

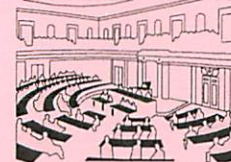
Congregations for Kids began in 1995 as a collaboration among the City of Bellevue, the Bellevue School District, and health and social service providers. The religious community assists in collecting school supplies in early fall for a "Good Start Back to School," and collecting "Warm Coats for Kids." *Information:* (425) 883-6406, [bnjacobs@juno.com](mailto:bnjacobs@juno.com)

Council of Greater Seattle as the parent organization, has 37 distribution sites, including St. Andrew's Lutheran Church, Overlake Park Presbyterian Church, and First Congregational Church in Bellevue. They request specific basic foods, encouraging food-of-the-month donations. The agency serves the needs of persons in emergency hunger situations and provides counseling and referrals to enable independence. *Information:* Catherine Hillard (425) 562-0698.

# Legislative Task Force

*Chair:* Joy Pocasangre (425) 747-0877

e-mail: [good4me@earthlink.net](mailto:good4me@earthlink.net)



Purpose of the Task Force is education and advocacy for faith communities on federal, state, and local issues. Activi-

ties include annual participation in advocacy days in Olympia in the spring; and liaison with Washington Association of Churches and other advocacy groups. During the legislative session, you can send a message to your state legislators through the legislative hot line, 1-800-562-6000.

## Multifaith Works Aids People With Aids

Multifaith Works oversees several projects which mobilize volunteers, primarily from faith communities, to provide critical services which assist people affected by life-threatening or chronic illnesses to live with personal dignity and integrity. Multifaith AIDS project (MAPS) provides supportive low-income housing to

people living with AIDS. CareTeam volunteers offer practical support and friendship to individuals and households living with AIDS. Shanti volunteers provide one-to-one emotional support to people with life-threatening illnesses included HIV/AIDS.

In addition to these HIV/AIDS related programs, Multifaith Works also includes the MS Housing Joint Venture with the Multiple Sclerosis Association of King County to open a home for people moderately disabled by multiple sclerosis.

Its programs also include the Multifaith Alliance of Reconciling Communities (MARC), which builds bridges between faith communities and the Gay/Lesbian/Bisexual/Transgendered/Questioning community.

*Information:* (206) 324-1520 or [info@multifaith.org](mailto:info@multifaith.org)

### Eastside Interfaith Social Concerns

#### Council Mission Statement

We, Eastside Interfaith Social Concerns Council, believe that we are guided by the moving of God's spirit in our community to work together in a spirit of caring and celebration. We honor and respect each others' religious heritages, welcome and pray for each other, and share information about pressing community needs.

We provide a forum to educate, advocate, initiate, coordinate, support, and through task forces and other means, work for the common good of the Eastside community to address human needs and improve the quality of life.

### Youth Eastside Services

Youth Eastside Services (YES) provides parent support groups, drug and alcohol counseling, and individual counseling. Volunteers are active as receptionists, intake workers, and mentors. *Information:* (425) 747-4937